







Awareness of Health and Safety in Health and Social Care

Health and Safety

Health and Safety are integral to the role of the care worker. There are numerous pieces of legislation and policies which determine correct practice. Failure to adhere to Health and Safety practices could endanger the care and wellbeing of the service user hence its importance.



Cultural bias

Migrant Care Workers come from different countries, where Health and Safety practices will differ. Therefore, awareness of Health and Safety requirements according to the country you are working in is essential.

Module 5.1 Responsibilities and risk assessment relating to health and safety in adult care settings



Objectives and Learning outcomes

To explain own responsibilities and risk assessment processes relating to health and safety in adult care settings

Outline key responsibilities relating to health and safety in adult care settings

Explain what a risk assessment is and why important in an adult care setting



Suggested Duration

1 hour

Number of Participants

Up to 20



Materials needed

Computer and projector, Microsoft PowerPoint, Flip chart and paper, Markers, Blu Tack, Risk assessment templates

Competences

• while carrying out the daily care, is able to prevent general risks

Knowledge

- is able to explain key health and safety procedures related to elderly care
- is able to list some most common health and safety risks in elderly care
- is able to demonstrate an understanding of Health and Safety legislation particular to the country that they are working in

Skills

• is able to use a health and safety risk assessment and knows how to report identified risks







- is able to follow the correct procedure if an accident or sudden illness should occur
- is able to maintain a safe environment in order to ensure the care and wellbeing of service users

Guidelines for Assessment

Verbal discussion; PowerPoint presentation.

Attach SMART Learning Objectives to wall so group can refer to throughout the session to maintain focus (pre-written on flip chart

paper).

Keywords

Health and Safety, Risk Assessment

References

Key legislation relevant to country and setting

Key policy relevant to each setting Relevant workforce regulator



Description of Activity 5.1



Introduction

In small groups of no more than four, develop key examples and descriptions of different Health and Safety risks associated with different care settings and considering cultural bias (give each group a different setting including persons own home, residential home, nursing home and day centre). Instruct groups to present findings back to the class.

Following discussion of above, invite each group to come up with key examples of how a care worker should respond to risks identified using flip chart paper. On completion of the task, get each group to present and share findings with everyone.

Theories and concepts

Tutor to provide short PowerPoint presentation and complementary video (relating directly to Health and Safety) to consolidate learning of key theory and concepts.

Discussions

Ask participants to reflect on scenarios that may present risk in the Health and Social Care setting. Discuss the requirements of the role of Care Workers to ensure reduced or eliminated risk in the Health and Social Care setting.

Case studies

In groups of no more than four, provide case studies and ask participants to complete a risk assessment (identify key risks, likelihood of harm, methods to reduce or eliminate harm) specific to each setting and country.

Share examples of best practice from each risk assessment and highlight learning points.

To further consolidate learning, look at real examples of risk assessments from different care settings and identify areas of best practice.







Cultural Bias Invite participants to reflect on how key cultural differences impact on the Role of the Care Worker in relation to health and safety. Groups to look at relevant examples from local media to highlight areas of poor practice and identify key developmental learning points to improve practice.

Your own

notes:

Module 5.2 Accidents and Sudden Illnesses



Objectives and Learning outcomes

To explain processes required for accidents and sudden illnesses in an adult Health and Social Care setting

Outline common accidents and sudden illnesses that may occur in an adult Health and Social Care setting

Explain key actions required following an accident or sudden illness in an adult Health and Social Care setting



Suggested Duration

1 hour



Number of Participants

Up to 20



Computer and projector, Microsoft PowerPoint, Flip chart and paper, Markers, Blu Tack, Risk assessment templates

Competences

shows responsibility if an accident or sudden illness occurs



- understands about the existence of common accidents and sudden illness that may occur in an elderly care setting
- understands what actions should be taken in the event of an accident or sudden illness occurs
- is able to explain key procedures required following accidents and sudden illnesses in an adult care setting

Skills

- is able to follow the correct procedure if an accident or sudden illness should occur
- is able to complete an accident/illness reporting

Guidelines for Assessment

Verbal discussion; PowerPoint presentation. Attach SMART Learning Objectives to wall so group can refer to





throughout the session to maintain focus (pre-written on flip chart

paper).

Keywords Accidents, Sudden Illnesses, Procedures

References Key legislation relevant to country and setting

Key policy relevant to each setting Relevant workforce regulator



Description of Activity 5.2



Introduction In small groups of four, research recent examples of accidents and

sudden illnesses in an adult health and social care setting. Write

examples on flip chart paper and report back to the group.

Tutor to facilitate group discussion and consolidate learning using

summary handout.

Key responses Tutor to present short PowerPoint presentation outlining key

responses required following an accident/ sudden illness in an adult health and social care setting. The importance of accurate record

keeping should be highlighted.

Case scenarios In small groups of four, learners to be presented with case scenarios

detailing a range of accidents/illnesses in an adult health and social care setting. Each group should be instructed to outline required responses and complete an accident/illness reporting form provided

by the tutor.

Discussions and summary Each group to discuss findings and present completed report forms

to all learners. Tutor to summarise key learning and check learning

through questioning.

Your	own
note	٠.





Module 5.3 Environmental Safety Procedures



Objectives and Learning

Describe key environmental safety procedures within the adult care setting

outcomes

List possible environmental risks for an adult Health and Social Care

setting

Explain required environmental safety procedures within an adult

care setting for identified risks



Suggested Duration

1 hour

Number of Participants

Up to 20



Materials needed

Computer and projector, Microsoft PowerPoint, Flip chart and paper, Markers, Blu Tack, Risk assessment templates, Images, Case

Studies

Competences

follows agreed and clearly defined instructions of medical personnel or employer about handling medication

can identify possible environmental risks within an adult care setting

Knowledge

is able to explain ways to work in order to reduce the spread of infection

is able to explain in which way one should move and handle equipment and other objects safely



is able to explain basic ways of procedures regarding handling medication

is able to explain in which way food should be handled and stored safely

Skills

is able to follow rules of hygiene in order to prevent infection (washing hands, wearing gloves etc.)

is able to apply principles and procedures for safe moving and handling

is able to safely store, use and dispose of hazardous substances which may be found in a social setting

is able to follow agreed key procedures for handling medication

is able to handle, store and dispose of food in a safe and hygienic way

Guidelines for Assessment Verbal discussion; PowerPoint presentation.

Attach SMART Learning Objectives to wall so group can refer to throughout the session to maintain focus (pre-written on flip chart paper).

Keywords

Environmental Risks, Safety Procedures







References Key legislation relevant to country and setting

> Key policy relevant to each setting Relevant workforce regulator

Description of Activity 5.3

Environmental risks Learners, in small groups of four, to be presented with a range of

images showing environmental risks. Each group to list risks they

see and feedback to group.

Tutor to present short video detailing environmental risks which

could occur in an adult care setting.

Case studies Small groups of four to be given a range of case studies detailing

> environmental reports on adult care settings. Groups to identify each reported environmental risk and outline procedures to ensure

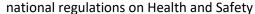
good practice.

Your own notes:

Module 5.4 Cultural perspective on Health and Safety



Activity Name Developing a "code of conduct" considering expectations and





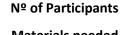
Objectives and Learning Combining individual expectations of the client and the care workers

with the national regulations on Health and Safety



Suggested Duration 3 hours including small group discussions and plenary

Up to 20



Materials needed 4-5 rooms for group discussions, Flipchart and paper, markers



Competences

outcomes

Is able to recognize and behave according to the health and safety regulations and expectations of the client

Knowledge

Knows the cultural differences between the target context and

the own perspective







Skills

- Clarifies questions according to health and safety regulations if they are not similar to his/her home context
- Adapts to the guidelines of health and safety in the targets living environment

Guidelines for Assessment

Group discussion and communication skills and moderation skills

Keywords

Health and Safety, Code of Conduct

Description of activity 5.4

Case discussions In small groups of up to four people, the participants discuss the following topics, including their own ideas, fears and uncertainties. On the basis of 1-3 case discussions, they discuss concrete options for action.

> The results of the small groups are presented and discussed in the plenary. Subsequently, guidelines for dealing with health and safety are developed, which are based on the following three points:

- How to clarify your own expectations and the clients expectations
- National regulations on health and safety
- How to develop a "code of conduct" considering the expectations as well as the national regulations on health and safety

Your own			
notes:			





Key Take-Away Messages



Hand out a copy of national health and safety procedures, which use pictures and easy language. Remember: A migrant care worker should always measure risk and take the appropriate responses when carrying out their roles and responsibilities.

What I do
 I do ensure I understand key legislation relating to health and safety in the country I am working in as a care worker
☐ I do ensure that I assess all risks and respond appropriately
 I do ensure I follow all policies and procedures in relation to health and safety in your place of work
What I don't do
☐ I don't assume that health and safety legislation is the same in every country
 I don't overstep the scope of my role as a care worker and deal with serious risk on my own

☐ I don't ignore any health and safety risk or concern